



Always Be Curious

Resources

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Infinite Branches

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Traits of Successful Mentors

ACTIVE LISTENERS

EMPATHETIC AND CURIOUS

COMMITTED TO THE PROGRAM & GOAL ORIENTED

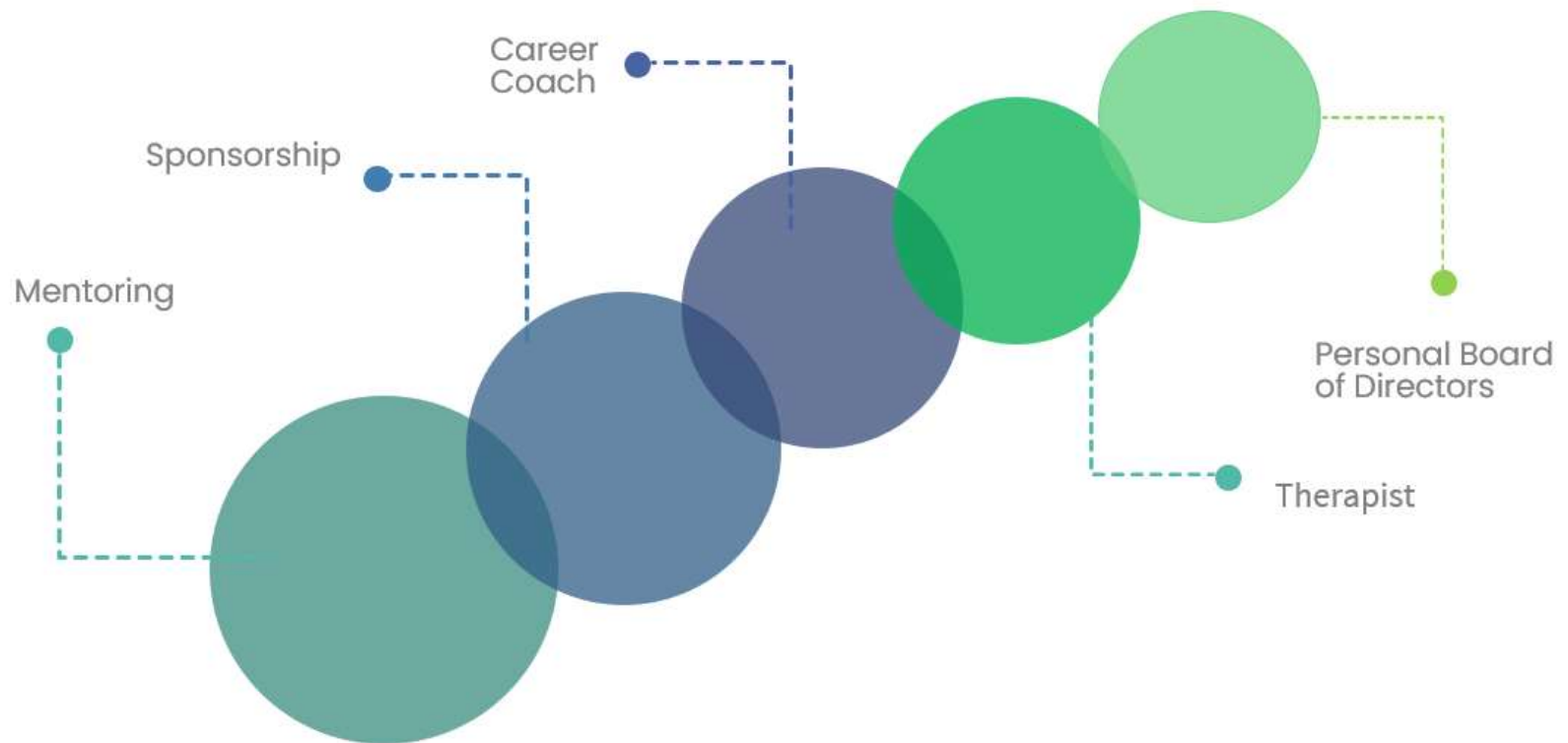
EXPERIENCED WITH A COMMITMENT TO PERSONAL GROWTH & LEARNING

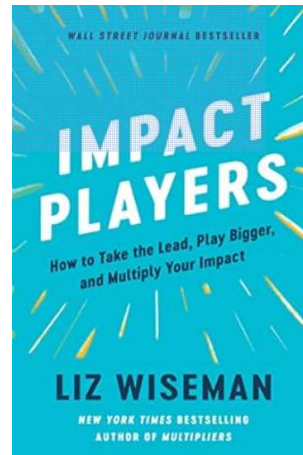
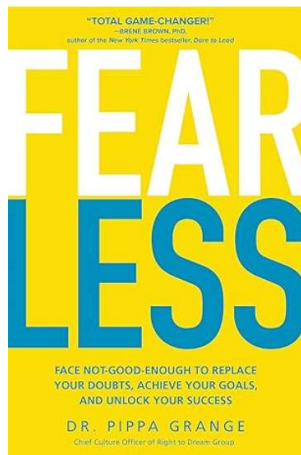
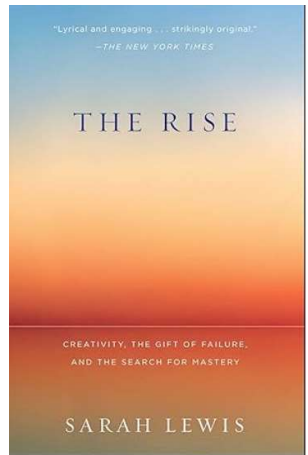
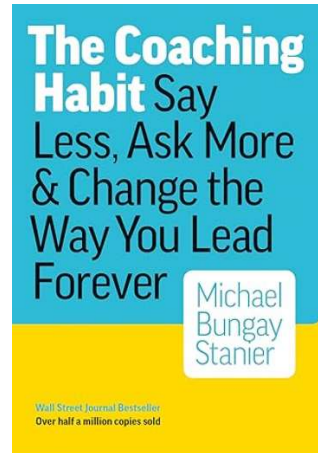
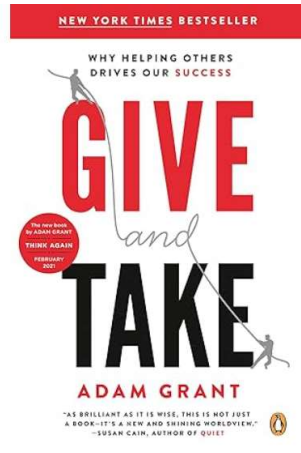
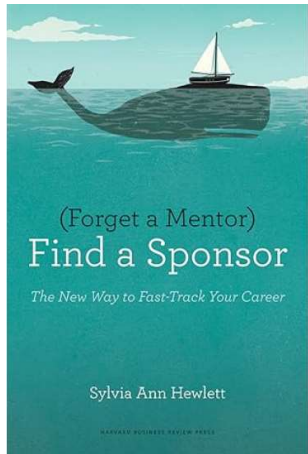
VALUE AND SUPPORT NETWORKING AND SPONSORSHIP

OPPORTUNITY FOR SELF-REFLECTION AND GROWTH

The Support Components of A Career

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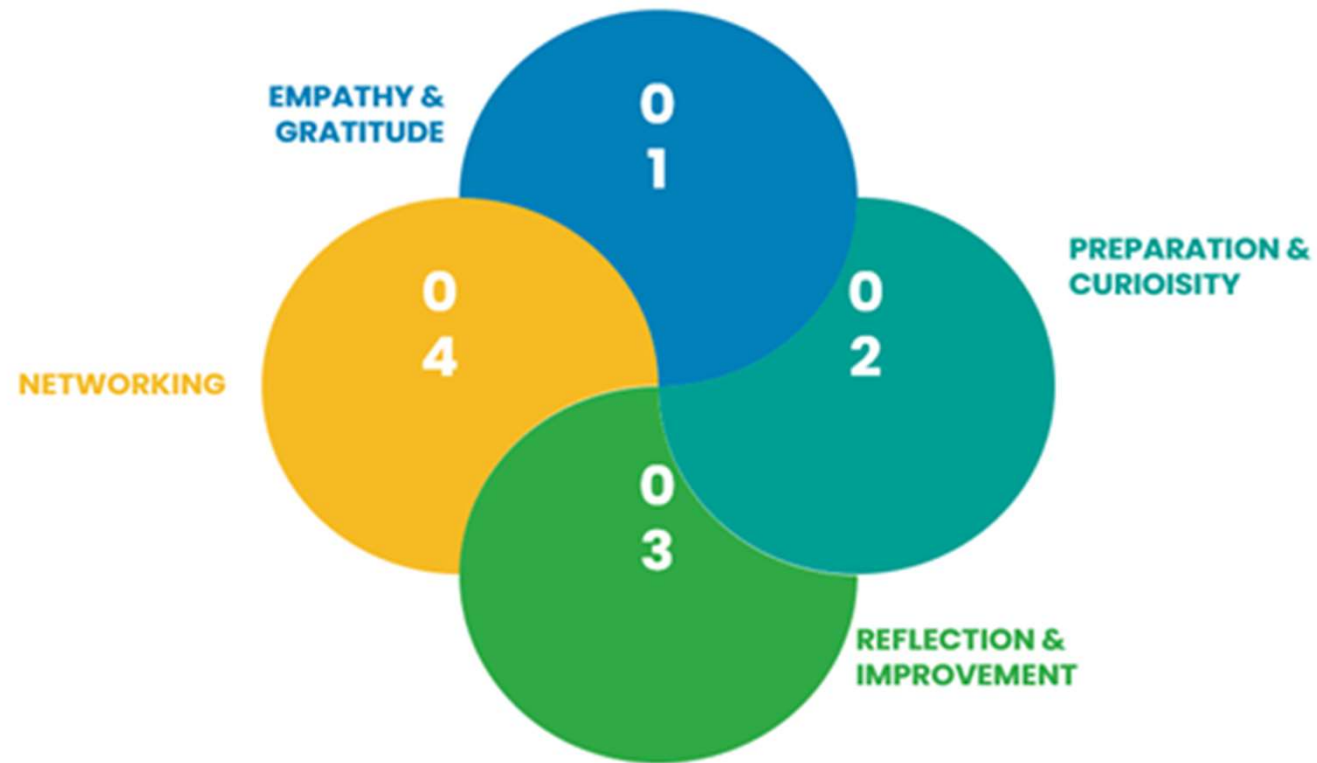




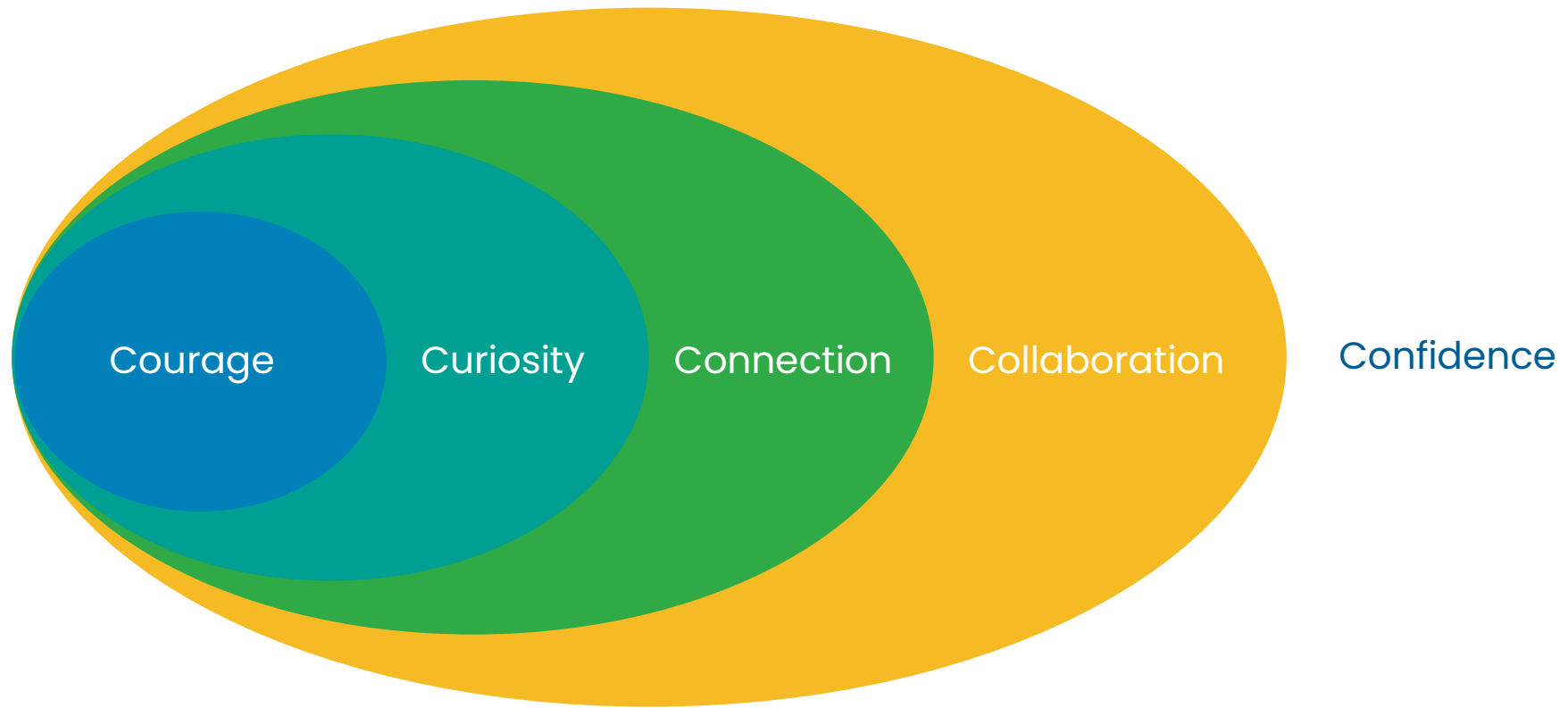
My Favorite books to reread with my Mentees

THE COMMON TRAITS FOR SUCCESS

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The 5 C's Of GROWTH



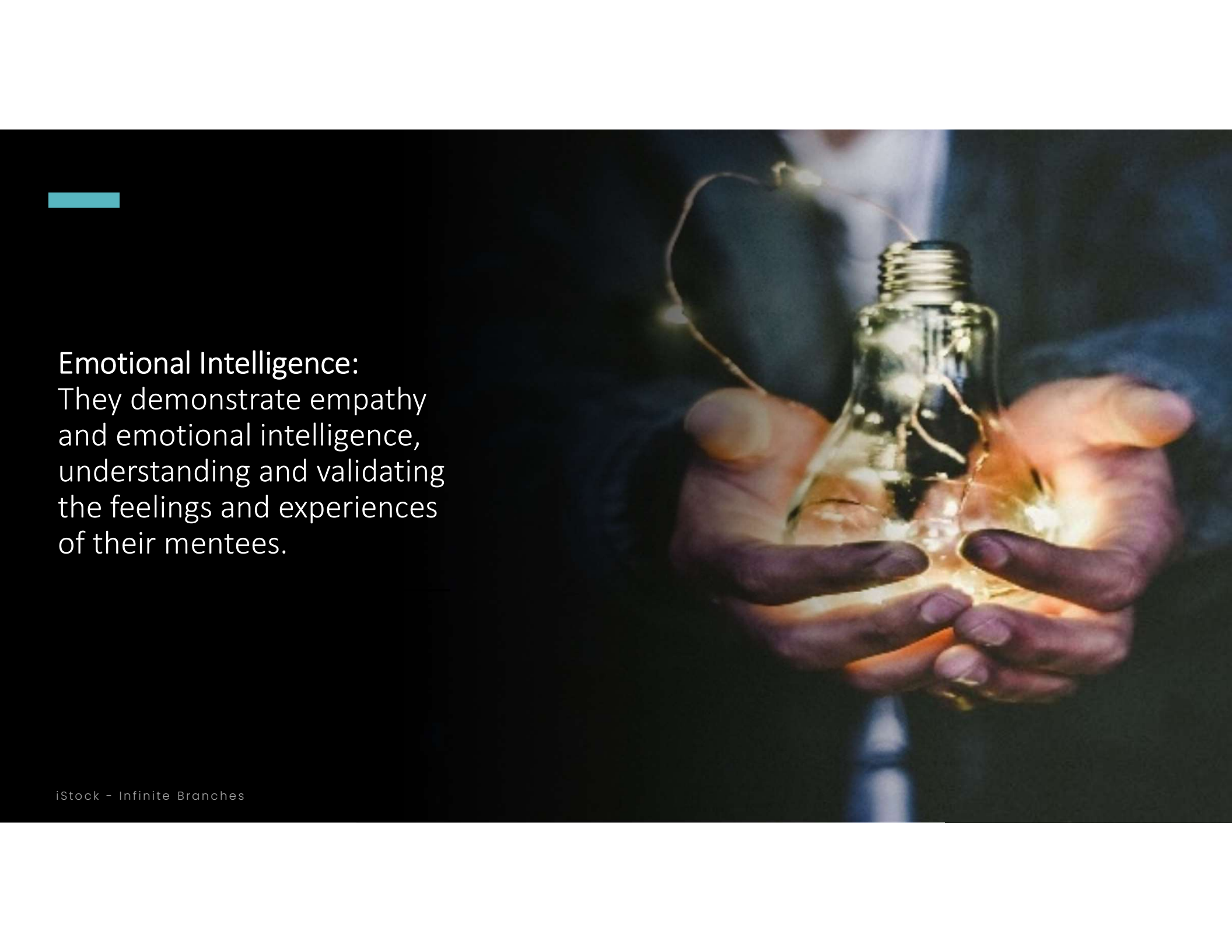
Engagement:
They listen attentively and show genuine interest in what their mentees are saying, providing full attention without interruptions.





Understanding:

They seek to understand the mentee's perspective, needs, and goals before offering advice or feedback.

A person in a dark suit and tie is holding a glowing lightbulb with both hands. The lightbulb is illuminated from within, casting a warm, golden glow. A thin, glowing string of lights is attached to the top of the bulb, looping upwards and to the left. The background is dark and out of focus, emphasizing the lightbulb and the hands holding it. The overall mood is one of inspiration and care.

Emotional Intelligence:
They demonstrate empathy
and emotional intelligence,
understanding and validating
the feelings and experiences
of their mentees.

Encouragement:


They provide encouragement and support, helping mentees build confidence and resilience.



A close-up photograph of a glass of water. A single drop is suspended in mid-air just above the surface, about to fall. The water surface is covered in concentric ripples. The lighting is soft, creating a calm and clear atmosphere. The background is a deep blue, and the water is a lighter, translucent blue.

Clarity:

They communicate clearly and effectively, ensuring that their advice and feedback are easy to understand.



Honesty:
They offer honest and
constructive feedback, even when
it involves difficult conversations.



Commitment:

They are consistent in their availability and commitment, showing up for scheduled meetings and follow-ups.



Reliability:
They follow through on promises and commitments, building trust with their mentees.



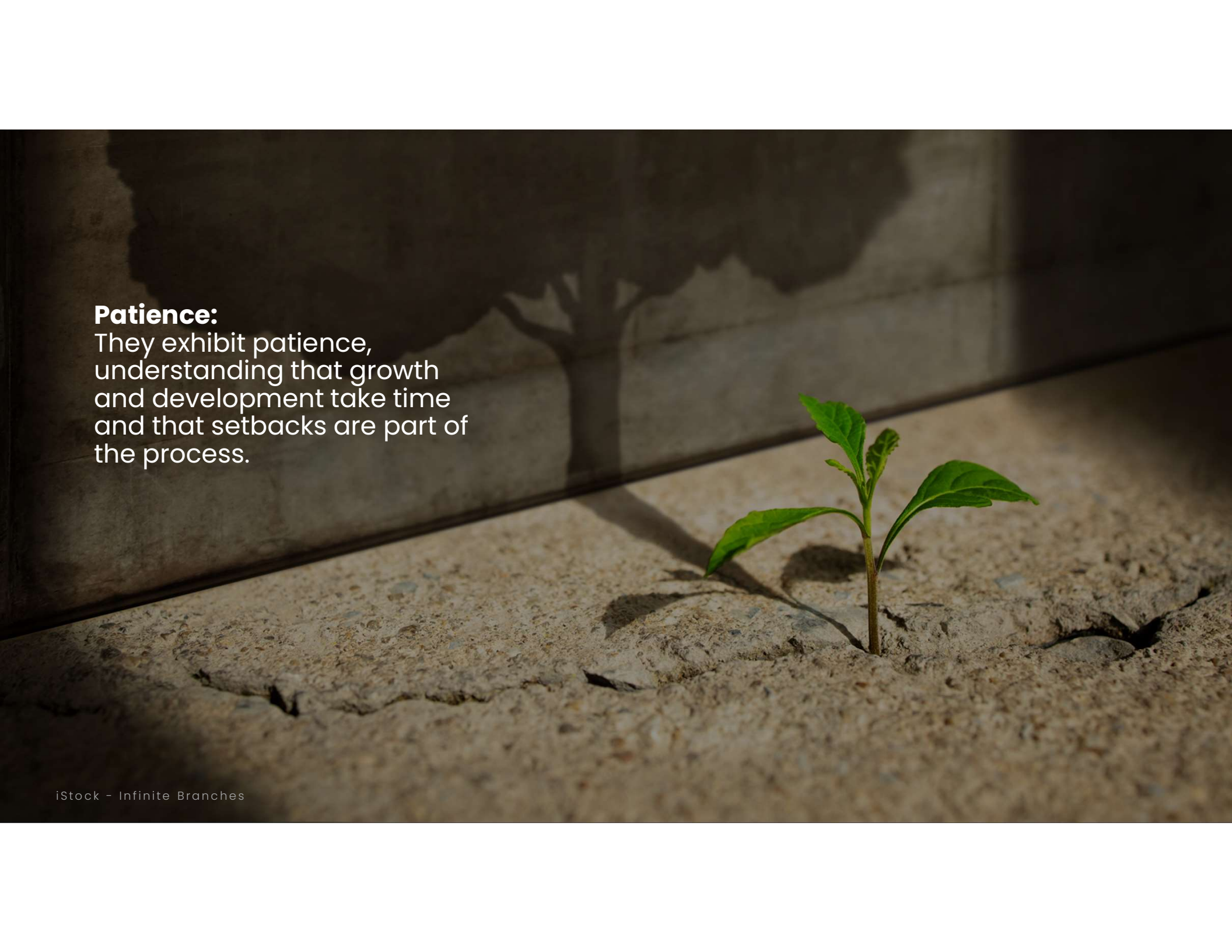
Goal Setting:

They help mentees set realistic and achievable goals, providing guidance on how to reach them.



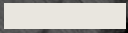
Accountability:

They hold mentees accountable for their progress, encouraging them to take ownership of their development.




Patience:

They exhibit patience, understanding that growth and development take time and that setbacks are part of the process.



Adaptability:

They are flexible in their approach, tailoring their mentoring style to meet the unique needs and circumstances of each mentee.

A person in a dark suit is seen from behind, standing in a dimly lit room with blue ambient lighting. The person appears to be presenting or speaking, with their right hand slightly raised. The background is dark with some blurred light sources.

Expertise:
They willingly share their knowledge,
experience, and insights, offering
valuable guidance and resources.



Lifelong Learning:
They continuously seek to learn and grow themselves, staying updated with industry trends and best practices.

Connections:

They leverage their network to provide mentees with opportunities for growth, such as introductions to key contacts or recommendations for career advancement.



Exposure:

They expose mentees to new experiences, perspectives, and challenges that can enhance their development.



Integrity:
They act with
integrity and
professionalism,
setting a positive
example for their
mentees to follow.

Work-Life Balance:

They demonstrate a healthy work-life balance, encouraging mentees to prioritize their well-being.



Inclusivity:

They are aware of and respect cultural differences, fostering an inclusive and respectful mentoring relationship.



Sensitivity:

They are sensitive to the diverse backgrounds and experiences of their mentees, adapting their approach as needed.

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Self-Reflection:

They regularly reflect on their mentoring practices and seek feedback to improve their effectiveness.

Adaptation:

They are open to change and willing to adapt their methods based on what works best for their mentees.

